

# 2024 FLEXIBLE SPENDING ACCOUNT (FSA) ELECTION FORM

## Participant Information & Election

This section to be completed by the Employee – Please print clearly

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

Employer \_\_\_\_\_

Social Security Number \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_ Phone Number \_\_\_\_\_

### 2024 Medical Flexible Spending Account (FSA) Limit

2024 Maximum Plan Year Contributions = \$ 3,200

*\*Please note that to participate in the medical FSA your employer must offer group medical insurance and you must be eligible to participate in that plan.*

**Annual Election** \$ \_\_\_\_\_

**Number of Pay Periods** (if enrolling mid-year, please enter the number of remaining pay periods within the plan year) ÷ \_\_\_\_\_

**Medical FSA Contribution per Paycheck** \$ \_\_\_\_\_

Effective Date of Medical FSA Election \_\_\_\_\_

This deduction should continue through the plan year

This election should recur \_\_\_\_\_ times

This is a one-time election

I do not wish to participate

### 2024 Dependent Care Flexible Spending Account (FSA) Limit

2024 Maximum Plan Year Contributions = \$ 5,000

**Annual Election** \$ \_\_\_\_\_

**Number of Pay Periods** (if enrolling mid-year, please enter the number of remaining pay periods within the plan year) ÷ \_\_\_\_\_

**Dependent Care FSA Contribution per Paycheck** \$ \_\_\_\_\_

Effective Date of Dependent Care FSA Election \_\_\_\_\_

This deduction should continue through the plan year

This election should recur \_\_\_\_\_ times

This is a one-time election

I do not wish to participate

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

Submit Your Completed Application To:



**Fronteer Professional Services, Inc.**

1838 E Interstate Ave Ste B · PO Box 1315  
Bismarck, ND 58502

T: (701) 258-9848 · F: (701) 258-1011

E: [customerservice@fpspayroll.com](mailto:customerservice@fpspayroll.com)

**Contribution Information**  
**This section to be completed by Fronteer Professional Services**

**Medical Flexible Spending Account**

Employee Contributions (if applicable):    Weekly            Bi-Weekly            Monthly            Quarterly            Annually  
Annual Amount: \$ \_\_\_\_\_ / # of PP \_\_\_\_\_ = \$ \_\_\_\_\_            Date of First Deduction: \_\_\_\_\_  
Employer Contributions (if applicable):    Weekly            Bi-Weekly            Monthly            Quarterly            Annually  
Annual Amount: \$ \_\_\_\_\_ / # of PP \_\_\_\_\_ = \$ \_\_\_\_\_            Date of First Deduction: \_\_\_\_\_

**Dependent Care Flexible Spending Account**

Employee Contributions (if applicable):    Weekly            Bi-Weekly            Monthly            Quarterly            Annually  
Annual Amount: \$ \_\_\_\_\_ / # of PP \_\_\_\_\_ = \$ \_\_\_\_\_            Date of First Deduction: \_\_\_\_\_